

# DOSE ADJUSTMENT TAKES TIME. YOUR STRENGTH IS TIMELESS.

Today is your first step towards finding your personal dose of UPTRAVI® (selexipag). The goal is not to reach the highest dose, but to reach the dose that works best for your body and to help delay PAH progression. Side effects are more frequent during the **Dose Adjustment Phase** (also called titration).

## COMMON SIDE EFFECTS

Side effects occurring more frequently (by  $\geq 5\%$ ) for patients on UPTRAVI® compared to patients on placebo (sugar pill) are:

- |            |               |                  |
|------------|---------------|------------------|
| • Headache | • Muscle pain | • Temporary      |
| • Diarrhea | • Vomiting    | reddening of the |
| • Jaw pain | • Pain in     | skin (flushing)  |
| • Nausea   | arms or legs  |                  |

*\*Please see Important Safety Information for a full list of side effects.*

## TIPS FOR SIDE EFFECTS

Use this space to jot down a plan with your doctor to help manage side effects:

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Please see continued Important Safety Information on the following page and full [Prescribing Information](#) and [Patient Product Information](#) for UPTRAVI®. Discuss any questions you have with your doctor.

## INDICATION AND IMPORTANT SAFETY INFORMATION

### WHAT IS UPTRAVI®?

UPTRAVI® (selexipag) is a prescription medicine used to treat pulmonary arterial hypertension (PAH, WHO Group 1), which is high blood pressure in the arteries of your lungs.

UPTRAVI® can help delay (slow down) the progression of your disease and lower your risk of being hospitalized for PAH.

It is not known if UPTRAVI® is safe and effective in children.

### IMPORTANT SAFETY INFORMATION



- **Do not take UPTRAVI® if you** take gemfibrozil because this medicine may affect how UPTRAVI® works and cause side effects
- **Do not take UPTRAVI® if you** are allergic to selexipag or any of the ingredients in UPTRAVI®
- **Before you take UPTRAVI®, tell your healthcare provider about all your medical conditions, including if you:**
  - Have liver problems
  - Have narrowing of the pulmonary veins (veins in your lungs). This is called pulmonary veno-occlusive disease (PVOD)
  - Are pregnant or plan to become pregnant. It is not known if UPTRAVI® will harm your unborn baby
  - Are breastfeeding or plan to breastfeed. It is not known if UPTRAVI® passes into your breast milk. You and your doctor should decide if you will take UPTRAVI® or breastfeed. You should not do both
  - Are taking any other prescription or over-the-counter medicines, vitamins, or herbal supplements

### What are the possible side effects of UPTRAVI®?



The most common side effects are:

- |   |  |
|---|--|
| • Headache  | • Pain in arms or legs                       |
| • Diarrhea  | • Temporary reddening of the skin (flushing) |
| • Jaw pain  | • Joint pain                                 |
| • Nausea  | • Low red blood cell count                   |
| • Muscle pain   | • Less appetite than usual                   |
| • Vomiting  | • Rash                                       |
| • Pain, redness or swelling at the injection site with UPTRAVI® for injection |  |

Talk to your doctor if you have a side effect that bothers you or does not go away. These are not all the possible side effects of UPTRAVI®. For more information, ask your doctor or pharmacist.

# FIGHT PAH WITH ALL YOU'VE GOT.

## STAY ON TRACK WITH A SUPPORT TEAM

### A CALL FROM J&J withMe

You might be contacted by:

#### Your J&J withMe Care Coordinator

You will receive a call from your Care Coordinator to:

- ▶ Verify insurance coverage
- ▶ Find cost support options
- ▶ Connect you to other partners and programs

#### Your PAH Companion

You will receive a call from your dedicated PAH Companion to:

- ▶ Put together personalized educational resources based on your unique interests and needs

#### Your Specialty Pharmacy

Answer the call from the Specialty Pharmacy to:

- ▶ Confirm your prescription order
- ▶ Schedule your medicine shipment each month
- ▶ Deliver medicine to your home

**These calls may come from phone numbers you don't recognize. If you miss a call, call back as soon as possible or your UPTRAVI® (selexipag) shipment may be delayed.**

### ASK YOUR DOCTOR ABOUT HOW TO SIGN UP FOR FREE SUPPORT WITH PAH Companion withMe

- ▶ PAH Companion withMe is a suite of patient support resources customized for your specific questions, needs, and interests.

The patient support and resources provided by J&J withMe and PAH Companion withMe are not intended to provide medical advice, replace a treatment plan from the patient's doctor or nurse, provide case management services, or serve as a reason to prescribe a J&J medicine.

## IMPORTANT SAFETY INFORMATION (continued)

You may report side effects to **FDA at 1-800-FDA-1088** or **www.fda.gov/medwatch**. Keep UPTRAVI® and all other medicines away from children.

### What other medicines might interact with UPTRAVI®?



UPTRAVI® and other medicines may affect each other, causing side effects. Tell your doctor about all the medicines you are taking. Do not start any new medicine until you check with your doctor.

### How should I take UPTRAVI®?



#### UPTRAVI® Tablets

- Take UPTRAVI® exactly as your doctor tells you to take it. Usually, your doctor will have you take UPTRAVI® twice a day. Taking UPTRAVI® with food may help you tolerate UPTRAVI® better
- Swallow UPTRAVI® tablets whole. Do not split, crush, or chew tablets
- Tell your doctor if you have any form of liver disease. Your doctor may need to change your dose of UPTRAVI®
- UPTRAVI® is measured in micrograms (mcg). Tablets come in the following strengths: 200, 400, 600, 800, 1000, 1200, 1400, and 1600 mcg

#### UPTRAVI® given by intravenous (IV) injection

- Your healthcare provider will give you UPTRAVI® into your vein through an intravenous (IV) line
- Your healthcare provider will decide how much UPTRAVI® for injection you will receive each day based on your current dose of UPTRAVI® tablets

Please see full [Prescribing Information](#) and [Patient Product Information](#) for UPTRAVI® and discuss any questions you have with your doctor.

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## CONTACT MY DOCTOR

My Doctor: \_\_\_\_\_  
Phone (ext): \_\_\_\_\_  
My Next Appointment: \_\_\_\_\_  
Notes: \_\_\_\_\_  
\_\_\_\_\_

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